

#### **ABOUT YOU HOBBIES** Full Name Mr. Mrs. Miss Prof. Swimming Reading/ Nickname Gender Writing Referred by Preferred Language Fishing/ Motorcycles Travel Boating Sewing Approx. Height & Weight \_\_\_\_\_ ft \_\_\_\_ in \_\_\_\_\_ lbs Other Do you use Type tobacco Frequency products? Not anymore EYE HEALTH HISTORY Minimal Do you drink Moderate When was your last eye exam? alcohol? Not anymore Excessive Doctor **CONTACT** When was your last **physical**? Doctor Please mark if you have ever been diagnosed with: Cataract Macular Degeneration Glaucoma Diabetic Retinopathy Dry Eye **RACE** Eye Infection/Inflammation/Allergy Iritis or Uveitis American Indian/Alaskan Native Retinal Defects or Degenerations African American Keratoconus/Other Corneal Disorder Asian Nevus (Freckle) of the Eye Caucasian Do you have any history of eye disease, injuries, or Hispanic or Latino surgeries not listed above? If so, please list: Native Hawaiian/Pacific Islander Other Decline

# YOUR HEALTH

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(+)	OVERALL HEALTH:	AR	RESPIRATORY:	5.0	INTEGUMENTARY (body's outer layer):
A.A.	No Health Problems		None	03	None
	Developmental Delays		Cigarette Smooker		Eczema
	Cancer		Asthma		Rosacea
	Fatigue Syndrome		Bronchitis		Psoriasis
	Other		Emphysema		HSV/Cold Sores
			Chronic Obstruction		Herpes Zoster/Shingles
$\bigcirc$	EAR, NOSE AND THROAT:		Sleep Apnea		Other
			Other		
	None		GASTROINTESTINAL:	(ૡ૱ૢૺૺૺૺૺ	ALLERGIC/IMMUNE:
	Hearing Loss	$\sim$	None		None
	Sinusitis	ı	Crohn's		Drug Allergies
	Dry Mouth		Colitis		Environmental Allergies
	Laryngitis		Ulcer		Rheumatoid Arthritis
	Other		Acid Reflex		Lupus
<b>a</b>			Celiac Disease		Sjögren's Syndrome
<u></u>	PSYCHIATRIC:		Other		Other
<i>كى</i>	None				
	Depression	00	OFNITOLIBINA BV		NEUROLOGICAL
	Attention Deficit	ひむ	GENITOURINARY:		NEUROLOGICAL:
	Anxiety Disorder	- 11	None		None
	Bipolar Disorder		Kidney Disease		MS
	Other		Prostate Disease/Cancer		Epilepsy
			STD-Herpetic/Chlamydia		Cerebral Palsy
()	CARDIOVASCULAR:		Benign Prostate Hypertrophy		Tumor
	None		Pregnant weeks		Stroke/CVA
	Hypertension		Nursing		Migraine
	Stroke/CVA		Other		Other
	Heart Disease				
	Vascular Disease	راستن		الر- يا	
	Congestive Heart Failure	(A)	MUSCULOSKELETAL:		ENDOCRINE:
	Other	A Co.	None		None
		I	Arthritis		Type 1 Diabetes
	HEMATOLOGIC/LYMPHATIC:		Osteoarthritis		Type 2 Diabetes
	None		Fibromyalgia		If diabetic, please list:
	Anemia		Muscular Dystrophy		Last A1C:
	☐ Large Volume Blood Loss		Ankylosing Spondylitis		Average BSL:
	Ulcer		Osteoporosis		Thyroid Dysfunction
	Hypercholesteremia		Gout		Hormonal Dysfunction
	Other		Other		Other



# MEDICATIONS AND PHARMACY

Please list current medications:			And their purpose:			
Preferred Pharmacy			Pharmacy Lo	cation		
Medication Allergies						
	If you are currently using any <b>eye drops/vitamins</b> , please list:					
Other Allergies						
FAMILY HIST  Mark if family history is unknown Please mark any that apply:		skip to the ne.	xt page.			
riodoc mancarry macappry.	Mother	Father	Sibling	Child	Grandparent	Unsure
Cancer						
Diabetes						
Hypertension						
Cataract						
Glaucoma						
Corneal Disease						
Macular Degeneration						
Retinal Detachment						
Other:						



YOUR VISION		Please mark if you are experiencing any of the following
	Y N	vision issues:
Are you happy with your vision?		Blurred Vision Night Glare  Evestrain Double Vision
Are you interested in <b>contacts</b> ?		Eye Pain Total Loss of Vision
Are you interested in laser vision correction?		Light Sensitivity Floaters Headache Flashes of Light Poor Night Vision Loss of Side Vision
Are you interested in <b>eliminating</b> the need for glasses or contact lenses <b>non-surgically?</b>		Other
Have you worn <b>contacts</b> before?		
Do you currently wear glasses?	□ □ ↓	Do you currently wear contacts?
GLASSES		© CONTACT LENSES
How old are your glasses?		Do you wear your contact Y N lenses daily?
When do you wear your <b>glasses</b> ?  Full time		How often do you replace your lenses?
For near only For distance only		What type of lenses do you wear?
For computer use When not wearing contacts		How many hours per day do you wear them?
Other  Are you planning to get new glasses this year?		What type of solution or drops do you use?
Yes  No		How often do you sleep in your lenses?
Only if needed  New lenses in current frame		How old are your current lenses?
		What is one thing you think could be better about your lenses?



### YOUR SYMPTOMS



## WORK DEMANDS

Please mark if you are experiencing any of the following comfort issues:	Occupation				
Redness	Employer				
<ul><li>☐ Burning</li><li>☐ Itching</li><li>☐ Watering</li></ul>	Hours spent on computer per day:				
<ul><li>☐ Soreness/Irritation</li><li>☐ Discharge</li><li>☐ Dryness/Grittiness</li></ul>	Special visual demands for work:  Computer Lenses Safety Glasses				
Pain	Extra magnification Other				
DRY EYE SCREENING					

### Rate the **severity** of each symptom:

O= None 1= Tolerable 2= Uncomfortable 3= Bothersome 4= Intolerable

Rate the **frequency** of each symptom:

O= Never 1= Sometimes 2= Often 3= Constantly

	0	1	2	3
Dryness/Grittiness				
Soreness/Irritation				
Burning				
Watering				
Eye Fatigue				

### FOR OFFICE USE ONLY

**Tear Lab:** OD \_\_\_\_\_ OS \_\_\_\_

Total SPEED dry eye score: /28



